



# Snort. Sniffle. Sneeze.

## No Antibiotics Please.

### Get Smart: Read the Chart

If you have a:	Do you need Antibiotics?
Cold	No
Flu (influenza)	No
Bronchitis/Chest cold	No
Green/yellow runny nose	No
Sore throat	No
Sinus infection	Sometimes
Middle ear infection	Sometimes
Strep throat	Yes

Remember wash your hands often to prevent the spread of illness.

When you are sick try to get extra sleep and drink plenty of fluids.

Taking antibiotics when you don't need them means they may not work when you do need them.

